

**REQUEST FOR PROPOSALS**  
**Food Distribution and Food Services**  
**Bid No. 24-08-3459GC**

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**PROPOSAL DUE DATE:** 4:00 PM MST January 13, 2025

DESCRIPTION: Division of Aging and Long-Term Care Support (DALTCS) is seeking Proposals from qualified, certified vendors to provide food services and deliveries. The food services and deliveries will be for an estimated eighty-one (81) Senior Centers located in five (5) Agencies:

- 1) Chinle, Arizona
- 2) Crownpoint, New Mexico
- 3) Ft. Defiance, Arizona
- 4) Shiprock, New Mexico
- 5) Tuba City, Arizona

Bid Number: 24-08-3459GC

Contact Person: Lesita T. Desiderio, Program Supervisor II  
Email: Lesita.desiderio@navajo-nsn.gov  
Phone Number: (928) 729-4458

**RETURN RESPONSES TO :**

Mailing Address : Division of Aging and Long-Term Care Support  
PO Box 1519  
Window Rock, AZ 86515  
ATTN: Lesita Desiderio  
Bid No. 24-08-3459GC

Physical Address : Division of Aging and Long-Term Care Support  
Attn: Lesita Desiderio  
Bldg. No. 3780  
Fort Defiance, AZ, 86504

Respondent(s) must indicate on the Bid Package if they are a **PRIORITY ONE** or **PRIORITY TWO** vendor/business with the Navajo Nation under the Navajo Nation Business Opportunity Act.

**RFP SUBMITTAL DEADLINE:**

All RFPs must be received/mailed/or physically delivered by **January 13, 2025, 4:00 PM MST** to:  
Division of Aging and Long-Term Care Support  
PO Box 1519  
Window Rock, AZ, 86515

**OR**

Division of Aging and Long-Term Care Support  
Building No. 3780  
Fort Defiance, AZ, 86504

**SECTION II**

**REQUIRED DOCUMENTS:**

**The following documents are required and must be submitted with Bid Package:**

1. Four (4) copies of the original RFP must be provided in a sealed envelope.
2. Two Copies of the Cost Proposal sealed in a separate envelope.
3. Completed Navajo Nation Certification Regarding Debarment & Suspension (Attached)
4. Completed Federal Form Tax W-9 (Attached)
5. Licensed, bonded, and current Certificate of Liability Insurance.

**PROPOSAL FORMAT:**

1. All proposals must be typewritten on standard 8-1/2 X 11 paper and placed with a hard report cover (NO BINDERS) with tabs delineating each section. Larger paper is permissible for charts, maps, or the like.
  2. The proposal must be organized and indexed in the following format:
    - A. Letter of Transmittal
      - a. Provide background on company.
      - b. Identify the name of the person responding to the RFP.
      - c. Identify the name, title, and telephone numbers of personnel authorized to negotiate on behalf of the organization.
      - d. Identify the names, files, and telephone numbers of the person to be contacted for clarification.
      - e. Signed by the authorized person responding to the RFP; and
    - B. The respondent must submit a statement of qualifications to include:
      - a. A resume from key management or key individuals.
      - b. Number of years of experience working with the Navajo Nation Government or other government entities.
      - c. Provide three (3) references. Each reference must include the name, address, and telephone number of a contact person who can describe in detail, the quality, quantity, and substance of services provided.
      - d. Provide number of employees in the company/organization.
    - C. Proposal on contract approach
      - a. Provide in detail how they would accomplish the objectives described in the scope of work.
- A. REJECTION OF PROPOSALS:** The Navajo Nation reserves the right to waive any informalities or irregularities in the RFP or reject any or all proposals whenever such rejection is deemed in the best interest of the Navajo Nation.

- B. PROCUREMENT OF RFP:** This procurement shall be conducted in accordance with all applicable Navajo Nation Laws and Regulations including the Navajo Business Opportunity Act. All applicable rules, regulations, and laws shall also be followed. Prospective Vendors shall familiarize themselves with Navajo Nation regulations prior to submitting responses to this RFP and may request a copy of the Navajo Nation procurement regulations.
- C. INQUIRES:** Any inquiries regarding this RFP should be submitted in writing to Lesita T. Desiderio, Program Supervisor II. Questions regarding this procurement will be accepted until 4:00 PM on January 13, 2024. Only written responses to questions will be considered.
- D. AMENDED PROPOSALS:** A respondent may submit an amended proposal before the deadline for receipt of proposals. Such amended proposals must be a complete replacement for a previously submitted proposal and must be clearly identified in the transmittal letter.
- E. REJECTION OF PROPOSALS:** Navajo Division of Aging and Long-Term Care Support reserves the right to reject all proposals. This RFP maybe canceled at any time and all proposals may be rejected in whole or in part when the Navajo DALTCS Health Service Administrator determines it is in the best interest of the Navajo Nation.
- F. PROPRIETARY INFORMATION:** Any restriction on the use of data contained within any proposals must be clearly stated in the proposal. Proprietary information submitted in response to this RFP will be handled in accordance with applicable purchasing procedures. Each page of the proprietary material must be labeled or identified with the word “proprietary” or “confidential.”
- G. RESPONSE MATERIAL OWNERSHIP:** All material submitted regarding the RFP shall become property of the Navajo Nation and will not be returned to the respondent. Responses received will be retained by Navajo DALTCS and may be reviewed by any person after final selection has been made. Navajo DALTCS has the right to use any or all system ideas presented in reply to this RFP. Disqualification or non-selection of a respondent or proposal does not eliminate this right.
- H. INCURRING COSTS:** Any cost(s) incurred by the respondent in preparing, transmitting, presenting, or modifying the proposal or material for this RFP shall be the responsibility of the respondent.
- I. SUFFICIENT APPROPRIATION:** A contract awarded because of this RFP is contingent upon the availability of funds. A contract may be terminated or reduced in scope if sufficient funds do not exist. Sending written notice to the Vendor shall affect such termination or reduce the scope due to insufficient appropriations shall be accepted as final by the Vendor.

J. SOVEREIGNTY: The Navajo Nation will not relinquish any of its sovereignty rights.

### SECTION III

#### A. RESPONDENT REQUIREMENTS:

All respondents must have, as a minimum, the capabilities listed herein, and the bid proposals submitted must reflect in detail the inclusion of these services as well as the additional forms required. Section II. Respondents should also provide technical information of delivery of services required in this Request for Proposal (RFP).

#### B. SCOPE OF WORK:

The Navajo Nation Division of Aging and Long-Term Care Support is accepting proposals from qualified vendors/business to provide the delivery of food and additional food services for an estimated eighty-one (81) Senior Centers located within the confines of the (5) Agencies of the Navajo Nation– Chinle, AZ, Crownpoint, NM, Ft. Defiance, AZ, Shiprock, NM and Tuba City, AZ.

SEE ATTACHED “EXHIBIT A”. LOCATIONS OF (81) SENIOR CENTERS

The intent is to award contract or two vendors to provide the services, even if the services overlapped geographically.

- Selected Vendor or Business shall be responsible for the following:  
Focal Areas of Request for Proposal –
  - a. Provide labor, materials, supplies, transportation and equipment to provide delivery and food services to the Senior Centers across the Navajo Nation.
  - b. Vendor will furnish food items (fresh/frozen fruits and vegetables, meat and meat alternatives, grocery, bread, canned items, spices and dairy items) to be served to Senior Centers participating in congregate and home-delivered meals and food services under the Navajo Division of Aging and Long-Term Care Support Program.

#### **SEE ATTACHED EXHIBIT: LIST OF FOODS SEPARATED INTO CATEGORIES**

- Food Deliveries and services as outlined:
  - i. All deliveries will be made to all Senior Centers identified.
  - ii. All deliveries will be made between the hours of 8:00 AM to 5:00 PM - Senior Center operation hours.
  - iii. All food orders purchased and delivered will be in accordance with the designated Senior Center menu cycle. If unauthorized food is ordered and delivered by the vendor, the program will not be liable for any associated expenses.

#### **SEE ATTACHED EXHIBIT: MENU CYCLE**

- iv. All food orders will be a minimum of thirty (30) food items. No more than 30 items of any Food Category item will be delivered to a Senior Center at one time.

- Senior Center staff will have the right to refuse spoiled, over-ripen products and dented can foods.
- Selected vendor / business shall ensure all food items are available to avoid substitutions. This includes all canned goods versus packaged or bottled food items.
- Selected vendor / business will adhere to delivery schedules. Deliveries should not be changed or altered to delivery sites. All deliveries are on a weekly schedule, unless otherwise approved by the designated Senior Center program supervisor.

**C. NAVAJO NATION SENIOR CENTERS RESPONSIBILITIES:**

1. Identify Senior Center personnel as point of contact for food ordering.
2. Ensure food is ordered according to the approved Senior Center menu cycle.
3. Ensure Senior Center personnel is on-site to receive food delivery and store food accordingly.
4. Inventory all good deliveries, sign off on food invoices.
5. Submit food invoices in a timely manner to ensure payment to vendor.

**SECTION IV.**

**A. EVALUATION PROCEDURES AND SELECTION CRITERIA:**

1. An evaluation team will evaluate the proposals received in accordance with the general criteria used herein. Respondents should be prepared to provide any additional information the team feels necessary for the fair evaluation of proposals.
2. Failure of a respondent to provide any information requested in the RFP may result in disqualification of the proposal. All proposals must be endorsed with the signature of a responsible official having the authority to bind the respondent to executed of a contract.
3. The sole object of the review team will be to select the respondents who are most responsive to the needs of Navajo DALTCS. The specifications in this RFP represent the minimum performance necessary for a response. Based on the evaluation criteria established in this RFP, the review team will select and recommend the respondent who best meets the objective. If there is only one responsive bid, the Navajo DALTCS Health Service Administrator may elect to evaluate the RFP solely.
4. Evaluation Criteria: The following criteria will be used by an evaluation team in the selection process for contract award.

Initial Point Criteria:

- a. Presentation of Response

1-20 points

Completeness

Clarity of Presentation

Organization of Presentation

Understanding Navajo DALTCS Objective

b. Statement of Qualifications 1-20 points

List of three (3) Client References

c. Technical Requirements 1-20 points

Project description

Project accomplishments

d. Project Management 1-20 points

Project Management Experience

Schedule/Project Plan

Staffing

Related Experience

Education – Credentials

e. Cost of Service 1-20 points

Total possible points = 100 points

TAXES: All appropriate taxes should be included in the cost of services including the Navajo Sales Tax. All work performed within the territorial jurisdiction of the Navajo Nation is subject to the Navajo Sales Tax at the prevailing rate), on gross receipt for all work performed within the territorial jurisdiction of the Navajo Nation pursuant to 24 N.N.C. §§601 et seq., and the Navajo Nation Sales Tax Regulations §§6.101 et seq. , as amended from time to time, except that work performed within the To’Nanees’Dizi Local Government (“Tuba City Chapter”) or the Kayenta Township is subject to their respective local sales taxes amended from time to time. In addition to being subject to Navajo Nation Sales Tax, the CONSULTANT is subject to local sales tax on gross receipts for all work performed within a governance-certified chapter that imposes a local sales tax pursuant to a duly enacted local tax ordinance and the Uniform Local Tax Code, 24 N.N.C. §§ 150 et seq.

**NAVAJO NATION CERTIFICATION**  
**Regarding Debarment, Suspension, and**  
**Contracting Eligibility**

1. Applicant entity acknowledges that to the best of its knowledge that the Applicant entity, either in its present form or in any identifiable capacity, has not, in accordance with 12 N.N.C. § 361:
  - A. Been convicted of the commission of criminal offenses incident to obtaining or attempting to obtain a public or private contract or subcontract, or in the performance of any such contract or subcontract;
  - B. Been convicted of embezzlement, theft, forgery, bribery, falsification or destruction of records, receiving stolen property, or other offenses indicating a lack of business integrity or honesty, which currently, seriously, and directly affect responsibility as a Navajo Nation contractor;
  - C. Been convicted under antitrust statutes arising out of the submission of bids or proposals;
  - D. Violated contract provisions, including:
    - i. Deliberate failure, without good cause, to perform in accordance with the contract specifications or within the time limit provided in the contract,
    - ii. A recent record of failure to perform or of unsatisfactory performance with the terms of any contract, or
    - iii. Any other cause so serious and compelling as to affect responsibility as a Navajo Nation contractor, including debarment by another governmental entity.
2. Applicant acknowledges that if the Navajo Nation determines that the executed Certification provided herein is untrue or not wholly accurate, it shall be grounds for the Navajo Nation to terminate the contract and pursue other legal remedies, at the Navajo Nation's discretion.
3. Applicant certifies to the best of its knowledge that it is eligible to do business with the

Navajo Nation, in its present form or in any other identifiable capacity, pursuant to 12 N.N.C. § 1501 and 5 N.N.C. § 301. Applicant also acknowledges that per 12 N.N.C. § 1505, it will not be eligible to contract with the Navajo Nation if deemed ineligible by the appropriate department or entity of the Navajo Nation which receives the Applicant's request for consideration for a business opportunity.

\_\_\_\_\_  
Applicant Name

\_\_\_\_\_  
Name of individual signing on Applicant's behalf (print)

\_\_\_\_\_  
Applicant Address

\_\_\_\_\_  
Title of individual signing on Applicant's behalf

\_\_\_\_\_  
Applicant Address

\_\_\_\_\_  
Signature of individual signing on Applicant's behalf

\_\_\_\_\_  
Applicant Address

\_\_\_\_\_  
Date



# Request for Taxpayer Identification Number and Certification

Go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9) for instructions and the latest information.

Give form to the requester. Do not send to the IRS.

**Before you begin.** For guidance related to the purpose of Form W-9, see *Purpose of Form*, below.

Print or type. See Specific Instructions on page 3.	<p><b>1</b> Name of entity/individual. An entry is required. (For a sole proprietor or disregarded entity, enter the owner's name on line 1, and enter the business/disregarded entity's name on line 2.)</p> <hr/> <p><b>2</b> Business name/disregarded entity name, if different from above.</p> <hr/> <p><b>3a</b> Check the appropriate box for federal tax classification of the entity/individual whose name is entered on line 1. Check only <b>one</b> of the following seven boxes.</p> <p><input type="checkbox"/> Individual/sole proprietor    <input type="checkbox"/> C corporation    <input type="checkbox"/> S corporation    <input type="checkbox"/> Partnership    <input type="checkbox"/> Trust/estate</p> <p><input type="checkbox"/> LLC. Enter the tax classification (C = C corporation, S = S corporation, P = Partnership)</p> <p style="font-size: x-small;">Note: Check the "LLC" box above and, in the entry space, enter the appropriate code (C, S, or P) for the tax classification of the LLC, unless it is a disregarded entity. A disregarded entity should instead check the appropriate box for the tax classification of its owner.</p> <p><input type="checkbox"/> Other (see instructions)</p>	<p><b>4</b> Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):</p> <p>Exempt payee code (if any) _____</p> <p>Exemption from Foreign Account Tax Compliance Act (FATCA) reporting code (if any) _____</p> <p style="font-size: x-small;">(Applies to accounts maintained outside the United States.)</p>
	<p><b>3b</b> If on line 3a you checked "Partnership" or "Trust/estate," or checked "LLC" and entered "P" as its tax classification, and you are providing this form to a partnership, trust, or estate in which you have an ownership interest, check this box if you have any foreign partners, owners, or beneficiaries. See instructions. <input type="checkbox"/></p>	
	<p><b>5</b> Address (number, street, and apt. or suite no.). See instructions.</p> <hr/> <p><b>6</b> City, state, and ZIP code</p> <hr/> <p><b>7</b> List account number(s) here (optional)</p>	<p>Requester's name and address (optional)</p>

## Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN*, later.

Social security number										
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Employer identification number										
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**Note:** If the account is in more than one name, see the instructions for line 1. See also *What Name and Number To Give the Requester* for guidelines on whose number to enter.

## Part II Certification

Under penalties of perjury, I certify that:

1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
2. I am not subject to backup withholding because (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
3. I am a U.S. citizen or other U.S. person (defined below); and
4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

**Certification instructions.** You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and, generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

**Sign Here**

Signature of U.S. person

Date

## General Instructions

Section references are to the Internal Revenue Code unless otherwise noted.

**Future developments.** For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9).

### What's New

Line 3a has been modified to clarify how a disregarded entity completes this line. An LLC that is a disregarded entity should check the appropriate box for the tax classification of its owner. Otherwise, it should check the "LLC" box and enter its appropriate tax classification.

New line 3b has been added to this form. A flow-through entity is required to complete this line to indicate that it has direct or indirect foreign partners, owners, or beneficiaries when it provides the Form W-9 to another flow-through entity in which it has an ownership interest. This change is intended to provide a flow-through entity with information regarding the status of its indirect foreign partners, owners, or beneficiaries, so that it can satisfy any applicable reporting requirements. For example, a partnership that has any indirect foreign partners may be required to complete Schedules K-2 and K-3. See the Partnership Instructions for Schedules K-2 and K-3 (Form 1065).

### Purpose of Form

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS is giving you this form because they



Exhibit #A (2)

Division of Aging and Long Term Care Support  
 Corwnpoint Agency - Listing of Senior Centers  
 Date: October 13, 2024

#	Agency	Senior Center Name	State	Address	Phone Number	Nearest State Route
1	Crownpoint	Alamo	New Mexico	PO Box 5150, Alamo, NM 87325	(575) 854-2664	I-40
2		Baca	New Mexico	PO Box 455, Prewitt, NM 87825	(505) 972-2993	I-40
3		Breadsprings	New Mexico	PO Box 3008, Gallup, NM 87305	(505) 778-5888	NM-602
4		Casamero Lake	New Mexico	PO Box 1869, Crownpoint, NM 87313	(505) 786-2460	I-40
5		Chichiltah	New Mexico	PO Box 1336, Gallup, NM 87305	(505) 591-4501	NM-602
6		Church Rock	New Mexico	PO Box 549, Churchrock, NM 87311	(505) 905-5693	I-40
7		Crownpoint	New Mexico	PO Box 1869, Crownpoint, NM 87313	(505) 786-2360	NM-371
8		Iyanbito	New Mexico	PO Box 498, Ft Wingate, NM 87316	(505) 905-5404	I-40
9		Lake Valley	New Mexico	PO Box 1869, Crownpoint, NM 87313	(505) 786-2146	NM-371
10		Nahodishgish	New Mexico	PO Box 369, Crownpoint, NM 87313	(505) 786-2375	NM-371
11		Ojo Encino	New Mexico	HCR 79 Box 7, Cuba, NM 87013	(505) 731-1503	NM-550
12		Pinedale	New Mexico	PO Box 3, Churchrock, NM 87311	(505) 786-2374	NM-371
13		Pueblo Pintado	New Mexico	HCR 79 Box 3025, Cuba, NM 87013	(505) 655-5413	NM-371
14		Red Rock	New Mexico	PO Box 2548, Gallup, NM 87305	(505) 236-4989	NM-602
15		Smith Lake	New Mexico	PO Box 60 Smith Lake, NM 87325	(505) 786-2049	NM-371
16		Standing Rock	New Mexico	PO Box 1869, Crownpoint, NM 87313	(505) 786-2279	NM-371
17		Thoreau	New Mexico	PO Box 779, Thoreau, NM 87323	(505) 905-7662	I-40
18		Tohajilee	New Mexico	PO Box 3534, Canoncito, NM 87026	(505) 908-2697	I-40
19		Torreon	New Mexico	PO Box 967, Cuba, NM 87013	(505) 731-2336	NM-550
20		Whitehorse Lake	New Mexico	HCR 79 Box 4068, Cuba, NM 87013	(505) 655-5406	NM-371

Division of Aging and Long Term Care Support  
Fort Defiance Agency - Listing of Senior Centers

Date: October 13, 2024

#	Agency	Senior Center Name	State	Address	Phone Number	Nearest State Route
1	Fort Defiance	Crystal	New Mexico	NM SR134 & NR12 P.O. Box 775	(505) 777-2806 Navajo, NM	NM 134 87328
2		Fort Defiance	Arizona	NR12 BIA 110 P.O. Box 1519	(928) 729-4024 Fort Defiance, AZ	AZ 264 86504
3		Ganado	Arizona	MP446 .4 Hwy 264 P.O. Box 188	(928) 755-3754 Ganado, AZ	US 191 86505
4		Indian Wells	Arizona	N. Hwy 77, Jct RT 15 P.O. Box 3338	(928) 675-3930 Indian Wells, AZ	I-40 86031
5		Jeddito	Arizona	1 mi E of SR 264 MP 408 P.O. Box 798	(928) 738-5606 Keams Canyon, AZ	AZ 264 86034
6		Lupton	Arizona	1-40 Exit 357 NR 12 P.O. Box 403	(928) 688-4345 Lupton, AZ	I-40 86508
7		Mexican Springs	New Mexico	MM41 US Hwy 497 P.O. Box 121	(505) 733-2809 Mexican Springs, NM	NM 491 87320
8		Nahata Dzil	Arizona	4 mi S. 1-40 P.O. Box 686	(928) 688-3373 Sanders, AZ	I-40 86512
9		Naschitti	New Mexico	MM 41 US Hwy 492 P.O. Drawer E	(505) 732-4220 Sheepsprings, NM	NM 491 87364
10		Sawmill	Arizona	Rt 7 Apache County 29 P.O. Box 2613	(928) 729-4502 Fort Defiance, AZ	AZ 260 86504
11		Sheepsprings	New Mexico	MM 49 of Hwy 491 P.O. Box 1549	(505) 732-5415 Sheepsprings, NM	NM 491 87364
12		St Michaels	Arizona	Hwy 264 S. rest Rd. Blvd P.O. Box 1310	(928) 871-7674 Saint Michaels, AZ	AZ 264 86511

Division of Aging and Long Term Care Support  
 Fort Defiance Agency - Listing of Senior Centers

Date: October 13, 2024

13		Teesto	Arizona	1 mi E of State Rt 87 on P.O. Box 7386	(928) 657-8061 Winslow, AZ	AZ 87	86047
14		Tohatchi	New Mexico	NM 21 US Hwy 491 P.O. Box 410	(505) 733-2535 Tohatchi, NM	NM 491	87325
15		Twin Lakes	New Mexico	N. 491 MM 13 P.O. Box 4424	(505) 735-2606 Yahtahey, NM	NM 491	87375
16		Coyote Canyon	New Mexico	E 10 mi on Rt 9 P.O. Box 4424	(505) 735-2606 Yahtahey, NM	NM 491	87375
17		Rock Springs	New Mexico	No Building P.O. Box 4424	(505) 735-2606 Yahtahey, NM	NM 491	87375
18		White Cone	Arizona	28 N Hwy 77 PMB 5120 P.O. Box 3338	(928) 654-3902 Indian Wells, AZ	AZ 273	86031





Divison of Aging and Long-Term Care Support  
 Fort Defiance Agency  
**RAW FOOD INVENTORY**  
**INGREDIENTS DESCRIPTION**

1. Bacon Turkey	41. Oranges, Fresh	80. Corn Meal, Yellow	120. Bay Leaf
2. Beef Ground/patties	42. Apples	81. Cake Mix/Frosting	121. Corn Starch
3. Beef Liver Slices	43. Applesauce	82. Crackers, WWheat	122. Vanilla Extract
4. Beef Round	44. Apricots	83. Flour All Purpose	123. Red Chili
5. Beef Patties	45. Celery	84. Flour WholeWheat	124. Pineapple, slice
6. Turkey Breast	46. Eggs Shell, Large	85. Macaroni Elbow	125. Tuna, Can
7. Chicken Patties	47. Milk Rduce Fat 2%	86. Masa	126. Oatmeal
8. Chicken Thigh	48. Margarine	87. Mayonnaise dressing	127. Water
9. Cod Fillet	49. Fruit Salad Tropical	88. Soup Vegetable Beef	128. Ketchup
10. Salisbury	50. Juice - Apple	89. Soup Cream of Chicken	129. Mustard
11. Lamb/Mutton	51. Juice - V-8	90. Mozzarella Cheese	130. Strawberry, Fresh
12. Pork Chop	52. Juice - Grape	91. Spinach, Chopped	131. Turkey
13. Pork Loin	53. Juice - Cranberry	92. Noodles, Egg Pasta	132. Soup, Cream of Chkn
14. Dice Ham	54. Juice - Orange	93. Noodles, Spaghetti	133. Flour Corn Masa
15. Franks, Turkey	55. Diced Pineapple/lemón/lime	94. Labella Pasta Lasagna	128. Dressing, Ranch
16. Beef Steak, round, ribeye	56. Tomato Bulk Fresh	95. Pan Coating	129. Pineapple Chunks
17. Beets Diced	57. Stuffing Mix Cornbread	96. Posole, Can	130. Pears, Can
18. Broccoli, frozen	58. Carrot Slice, Frozen	97. Picante Sauce	131. Gatorade
19. Bell Pepper, green	59. Lettuce/Cabbage	98. Alfredo Sauce Mix	132. Seasoning Fajita
20. Cauliflower/Broccoli	60. Bananas	99. Raisins	133. Cool Whip
21. California Veggies blend	61. Pears	100. Rice, Long Grain	134. Yogurt
22. Carrots, frozen	62. Mandarin Oranges	101. Watermelon	135. Fruit Bars
23. Peaches, slice	63. Peaches, Slice	102. LA Choy Soy Sauce	136. Pimentos, diced
24. Peas, frozen	64. Pie Filling	103. Sugar/Salt	137. Cereal
25. Corn, whl kernel	65. Plum	104. Olives/Pickles	138. #10 Assorted Cans
26. Green Beans, frozen	66. Yams	105. Teriyaki Sauce	
27. Vegetable Mix, frozen	67. Baking Powder	106. Corn, Oil	
28. Mango/Kiwi	68. Beans, Baked	107. Cantaloupe	
29. Onion, fresh Red JMBO	69. Beans, Three-salad	108. Tarter Sauce	
30. Olives	70. Beans, Pinto Dry	109. Gelatin	
31. Oriental Mix Vegetables	71. Beans, Lentil	110. Buns/Breads	
32. Grapes	72. Broth, Beef	111. Yeast, Active Dry	
33. Pepper, Bell	73. Broth, Chicken	112. Basil Leaves/Spice	
34. Potatoes, fresh	74. Cheese, Cheddar	113. Chili Powder	
35. Cucumbers	75. Cheese, American	114. Beef Base	
36. Salad mix	76. Chili, Green	115. Chicken Base	
37. Squash, Zucchini	77. Corn Chips	116. Onion Powder	
38. Campbell Soup Chck Noodle	78. Corn Tortillas	117. Honeydew	
39. Tomatoes, campbell	79. Corn Meal, Blue	118. Garlic, Ground	
40. Campbell Soup Veg Beef		119. Soup, Cream of Mushroom	
		120. Soup, Chicken Noodles	



<b>Meat</b>	<b>Vegetable</b>	<b>Fresh Fruits and juice</b>	<b>dairy products etc</b>
Beef chuck roast	Spinach fresh	Bananas	Cheerios
Beef - Inside Round Roast CH (TR)	Spinach - frozen	Oranges	Milk 2% - gallons
Beef- Dice	Stir fry classic blend	Apples	Milk 2% - cartons
Ground Beef	Oriental Stir Fry	Grapes GREEN	Butter Sticks
Beef Franks	Zucchini - fresh	Cantaloupe	Ricotta Cheese
Beef Liver	Squash- Yellow	Honey Dew	Cheese -Slice
Pork Roast Bashas	Zucchini/Squash - frozen	Strawberries Frozen	Cheese - Cheddar shredd
Pork Chops BM	Sweet Potato tots	Watermelon	Cheese - Mozzarella
Ham - Sliced Blue Mountain	Cauliflower- fresh	Red raspberries	Cottage Cheese
Ham - Sliced Bashas	Cauliflower - frozen	Blueberries	Small cottage cheese
Sausage	Broccoli - fresh	Blueberries - frozen	Cream Cheese 2/4.99
Bacon	Broccoli - frozendice	Black Berries	Yogurt (Cherry/Vanilla)
Chicken - Dice	Tomatoes - diced stewed	Mixed Berries - frozen	Eggs
Chicken - Breast	Tomatoes - paste	Yams 10#	Butter
Chicken thighs	Tomato - paste	Raisins	Blue berry cream cheese
Turkey - Sliced	Tomato - sauce	Juice - Apple (48/5.5oz)	Yogurt (Strawberry/Banana)
Polish sausage hot dogs	Tomato - soup	Juice - Apple(48 oz)	Sandwich spread
Lamb stew meat Bashas'	Tomatoes- fresh	Juice-Grape (48/5.5 oz)	Granola Bars
Lamb meat blue mountain	Purple onions	Juice-Grape (48 oz)	Jello
Ham Dice	Lettuce	Juice-Orange (48/5.5oz)	Cool-Whip mix
Fish - Cod	Cucumber	Juice-Orange (48 oz)	Almonds
Fish square	Cabbage	Juice-Cranberry (48/5.5 oz)	Lemon Juice
Tuna	Avacadoes	Juice-Cranberry (48 oz)	Miracle whip
Pinto Beans	Mushroom Soup	Juice-Pineapple (48/5.5oz)	Ranch Dressing
Lentil Beans	Bell Peppers - green	Juice-Pineapple (48 oz)	HVRanch
Potatoes	Tri-Color Bell Peppers	Juice - V-8 (48-5.5 oz)	French Dressing
Onions	Celery	Juice - Tomatoe 5.5oz.	Thousand Island Dressing
Garlic - Fresh	Green Chili - diced	Fruit Cups Pears	Shortening
Peas/Carrots	Fruit Cocktail 10#	Egg Noodles	Canola Oil
Carrots - Fresh	Tropical Fruit 10#	Lasagna Noodles	Corn oil
Carrots - frozen	Pears 10# dice	Spagetti Noodles	Vegetable Oil Spray
Peas 10#	Pineapple 10# CHUNKS	Brown Rice	Olive Oil spray
Peas - frozen	Mandarin Oranges 10#	Rice	Parmesean Cheese
Green Beans 10#	Applesauce 10#	English Muffin	Walnuts
Green Beans - frozen	Apricot 10#	Masa Mix	Vanilla Extract
Corn 10#	Brussel sprouts	Corn Tortillas	Cream of Wheat
Corn sweet -frozen	pears halves 10#	Corn Chips	Oatmeal
Posole Bueno frozen	Pineapple slice	Yellow Corn Meal	Bagel
Beets 10#	Mango - frozen	Blue Corn Meal	Corn Flakes
Mixed Vegetable - frozen	Plums 10#	Chewy Granola	Mini Wheat

**ingredients**

Ketchup  
Mustard  
Mushroom slice  
Mayonnaise M- WHIP  
Pickles  
Marasc cherries  
Pecante sauce  
Teriyaki Sauce  
Soy sance  
Green chile dice Bashas  
Soup Chkn Noodle  
Worcestershire Sauce  
Beef Base  
Chicken Base  
Chicken Broth  
Beef Broth  
Bouillon - Chicken  
Bouillon - Beef  
Yeast  
Flour  
Wheat Flour  
Cornstarch  
Baking Powder  
Baking Soda  
Sugar  
Brown Sugar  
Powdered Sugar  
Non Fat Dry Milk  
Almond Milk  
Beef veg. soup  
Salt 4/.99  
Pepper  
Garlic Powder  
Onion Powder  
Paprika  
Parsley Flakes  
Italian Seasoning  
Basil  
Bay Leaf  
Oregano

**Seasoning**

Cilantro  
Cumin  
Thyme  
Tartar sauce  
Chili Seasoning  
Vinegar  
mrs. Dash  
Chili Powder  
Chili roasted  
Cayenne Pepper  
Taco Seasoning  
Spegetti Seasoning  
Enchilada mix  
Fajita mix  
Corn Husks  
Chicken Taco Mix  
Red win vngr  
Meat loaf mix  
Beef Stew Mix  
Bake n bake, PRK-CK